

# Warm Spaces in Arun



Warm Spaces are somewhere you can go to keep warm, stay warm and enjoy a little company. In some locations you will also be able to get refreshments, take part in activities and access advice and information about local services.

With many people feeling the pressure of increased heating costs and the cost of living, our Warm Spaces network aims to support residents across the district. You can stay as long as you wish within the opening hours of each session.

Location / Contact	Details
<b>Arundel</b> <b>St Nicholas Church</b> London Rd, Arundel BN18 9AT  01903 882262 (9am to 12 noon)	Monday, Tuesday, Wednesday 9.30am to 12.30pm  Welcome to a beautiful space and the offer of a free coffee or tea. On Tuesday and Wednesday morning you will be offered, via a local historian, details of some of the history of a very special church.
<b>Arundel</b> <b>Arundel Lido</b> Queen Street BN18 9JG  01903 884772 manager@arundel-lido.com	Mondays 11am to 1pm  Elevenses 'the Community Cuppa' provides a safe space for people feeling isolated, living with dementia or just fancy a coffee and a chat. Join us every Monday from 11am for a hot drink, friendly conversation and a warm environment.
<b>Bersted</b> <b>Bersted Green Community Hub</b> Hazel Road PO22 9DZ	Wednesdays 10am to 1.30pm  Warm space provided with friendly faces and a refreshment. Craft activities available.
<b>Bognor Regis</b> <b>Crinsham Farm</b> Charlie Charlie 1, 56a High Street, Bognor Regis, PO21 1SP	Monday to Sunday 9am to 7pm  Free hot drinks, signposting to services and assistance with food poverty and mental health and wellbeing.
<b>East Preston</b> <b>East Preston Parish Council</b> and the <b>Royal British Legion</b> The Street, East Preston BN16 1JL  01903 770050  warmspace@eastpreston-pc.gov.uk	Monday 12pm to 4pm (until 25 March)  Soup and a roll, tea, or coffee – free. Games, advice and good conversation always available. Booking essential.
<b>East Preston</b> <b>East Preston Parish Council</b> and the <b>St Mary the Virgin Church</b> Vicarage Lane East Preston BN16 2SP  01903 770050  warmspace@eastpreston-pc.gov.uk	Monday 12pm to 2pm (until 25 March)  Soup and a roll, tea, or coffee – free. Friends, advice and good conversation always available. Booking essential.

Location / Contact	Details
<b>Felpham</b> <b>Felpham Parish Council</b> Felpham Community Hall Meaden Way, Felpham PO22 8FA  01243 827470	Thursday and Friday 10am to 2.30pm  Warm friendly space with refreshments available, book swap and other activities.
<b>Littlehampton</b> <b>Creative Heart</b> 42 Beach Road, Littlehampton BN17 5HT  office@creativeheart.org.uk  www.creativeheart.org.uk	Tuesday to Friday 9.30 to 4pm Saturdays 9.30am to 1pm  There are groups and activities to join in with or just come & play some board games or relax doing some colouring! We have a blessing scheme for free food and drinks for those in need. We look forward to welcoming you!
<b>Littlehampton</b> <b>Turning Tides Hub</b> Littlehampton United Reformed Church, 1 High Street, Littlehampton, BN17 5EG (access via St Martin's Car Park)  01903 680740 Ext: 239	Monday to Friday 9am to 12.30pm <ul style="list-style-type: none"> <li>hot breakfast 9am to 10:30am, hot drinks and snacks 9am to 12:30pm</li> <li>internet access</li> <li>access to showers and washing and drying facilities</li> <li>emergency food provision</li> <li>access to clean clothes</li> </ul>
<b>Wick</b> <b>Arun Church</b> Wickbourne Centre Clun Road, BN17 7DZ  01903 782744  hello@arunchurch.com	Monday to Friday 9am to 5pm  We are open for anyone to come in and relax. There are various activities for families during the week, plus we have pre-school playcentre and Refresh coffee shop on site. Support services include Early Help and CAP Debt Help.
<b>Wick</b> <b>Chilgrove House Community Hub</b> Kimberry in Wick, BN17 7JD	Wednesdays: 9am – 2pm  Warm space provided with friendly faces and a refreshment.